



**EHSAAS**

**Ramadan 2022**

# **A LIFE CHANGING MONTH**

**[ehsaasfoundation.org](https://ehsaasfoundation.org)**

**100%  
Zakat  
Policy**



**Zakat is the third of the five basic pillars of Islam, Zakat is primarily an act of worship. The Arabic word 'Zakah' literally means purification, growth, blessing and appreciation.**

# ZAKAT

*Allah has obligated them to pay charity from their wealth (i.e. Zakat), to be taken from the rich among them and then distributed to their poor*

PROPHET (SAW)

## ZAKAT IS COMPULSORY

A religious duty conferred by Allah (swt) upon all adult Muslims whose wealth exceeds the prescribed limit. If a person's wealth exceeds that limit, they are required to pay the rate of 2.5% of total income or wealth annually for the upkeep of the poor and the needy.

## WHY GIVE IT?

Those who are fortunate enough, are required to look after their less fortunate brothers and sisters. By paying Zakat, we acknowledge that our wealth is in fact not our own but a blessing to be shared and an important act that cleanses our hearts against selfishness and greed.

## WHO BENEFITS?

At Ehsaas, your Zakat is used in many of our life-changing projects and helps: The Poor, The Needy, Those in Debt, Those in the Cause of Allah, The Wayfairer, Those in Captivity, Those Whose Hearts have to be Reconciled & the Administrators of Zakat

## OUR POLICY

At Ehsaas, thousands of people trust us with their Zakat and we take that very seriously and do our best to ensure the right beneficiaries receive it. As such, we hope that you will consider us when giving your Zakat.



## Khadija's Story

### Khadija Sultana

Samanabad, Karachi, Pakistan

Khadija is a widow with 3 daughters and works in 5 homes as a domestic worker but still cannot afford to feed her children. Ehsaas provides families like Khadija's with monthly rations with your Zakat donations.

"I am so thankful to the people that provide my children with food, we couldn't survive without them."

## Ramadan Reminders

**Fidyah \$240**

**Kaffarah \$480**

**Zakat-ul-Fitr \$8**

## Calculate your Zakat

[ehsaasfoundation.org/  
zakat-calculator](https://ehsaasfoundation.org/zakat-calculator)





*Whoever feeds a fasting person will have a reward like that of the fasting person, without any reduction in his reward*

PROPHET (SAW)

**Feed 300  
People a  
Meal for  
\$200**

# IFTAR

# 1,345,577

**Meals given to-date to the needy - many of whom do not have food to break their fast**

**This Ramadan, many people throughout Pakistan will be fasting but will have no food to break their fast.**

Ehsaas has Iftar feeding stations and teams delivering Iftar meals throughout Pakistan and, is aiming to feed as many people as possible with your help. Please donate as much as you can.



## Rasool's Story

### Rasool Amin

**Gurumandir, Karachi, Pakistan**

Rasool has 5 children and used to work in a factory as a packer but lost his job during the Covid pandemic. He was worried that he wasn't going to be able to fast because he didn't have food to break his fast. With your support, Ehsaas provides Iftar meals to thousands like Rasool during Ramadan.

*"When I heard that the people that support Ehsaas provide Iftar meals everyday, I was so happy that I could keep the fasts."*

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# RAMADAN RATION PACKS

Ration  
Pack Costs  
**\$95**

## Give a needy family a whole month's Ration Pack this Ramadan.

Ramadan is a time of giving and sharing with families, especially with those who are less fortunate. Ehsaas is aiming to provide Ramadan Ration Packs to some of the most desperately needy families in Pakistan.

# 11,995

**Families have been  
given monthly rations  
to-date helping over  
72,000 people**



### Each Ration Pack Includes...

- \* FLOUR 20kg
- \* RICE 3kg
- \* SUGAR 3kg
- \* COOKING OIL 3ltr
- \* DAAL CHANNA 1kg
- \* KABLI CHANA 1kg
- \* DAAL MASOOR 1kg
- \* RED CHILLI POWDER 200gm
- \* CORIANDER POWDER 200gm
- \* TURMERIC POWDER 100gm
- \* TEA 800gm
- \* SALT 800gm
- \* ROSE SYRUP DRINK 800ml
- \* GRAM FLOUR (Bassan) 2kg
- \* VERMICELLI 1 Packet



## Mrs Hussain's Story

### Mrs Hussain

Orange Town, Karachi, Pakistan

Mrs Hussain's husband Ali is paralysed and she works in a factory. Most of what she earns goes towards her husband's medicines and doctors' fees. They used to eat once a day if at all. The donations you give provide people like the Hussain's with food to survive.

*"I cannot praise the donors enough for helping us with rations every month, it has taken so much worry away and especially during Ramadan as well, which means I can fast."*

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Zakat  
Policy**



*The best of you are those  
who feed others*

PROPHET (SAW)

**There is an unprecedented  
humanitarian emergency  
in Afghanistan.**

Families are facing extreme hunger and are on the verge of a catastrophic famine with the worst drought in 27 years and now, the freezing Winter months where temperatures can drop to as low as -12°C.

Ehsaas is working on the ground right now in Afghanistan with dedicated partners delivering desperately needed monthly family Food Packs and essential items.

*In Ramadan, we aim to continue delivering Food Packs to families in the following regions:*

- Herat
- Kabul
- Bamyan
- Nangarhar
- Balkh

*A Food Pack will contain:*

- Flour 30kg
- Oil 5ltr
- Rice 5kg
- Beans 5kg
- Salt 1kg

# FOOD PACKS AFGHANISTAN

**Emergency  
Family Food  
Pack Costs  
\$200\***

\* for 3 families

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Policy**



100%  
Zakat  
Policy



EHSAAS Hand Pump Project  
DONATED BY  
MR. MAJAD AHMAD  
IN FAVOR OF: DONOR ID USA-15287  
IMTIAZ AHMAD & FAKHRA IMTIAZ  
HAND PUMP INSTALLED IN: May 2016  
VILLAGE: A YUS KHALID DISTRICT PAKISTAN  
LIFE: GOOD & AFFORDABLE

Installing a  
Small Hand  
Pump costs  
**\$300**

**6,066**  
Water Pumps  
installed to  
date

The best charity is giving  
water to drink

PROPHET (SAW)

# WATER FOR LIFE

Ehsaas is now providing more comprehensive water solutions to help provide clean and safe drinking water to some of the poorest families in Pakistan.

This Ramadan, help us provide a hand pump to quench the thirst of hundreds of the poorest people in your name, or in the name of a deceased loved-one. You can also sponsor larger pumps, water-wells and water coolers.



## Ayub's Story

### Ayub Ahmed

Khanewal, Punjab, Pakistan

Ayub is a farmer and has 3 children. They used to travel 4 miles to bring water for their daily needs – time that they couldn't spend growing food. The water pumps you donate help families like Ayub's with their basic human needs.

*"To have a hand pump for my family and neighbours has been such a blessing and I send duas to the donor everyday. Now we can spend more time growing food as well, which has really helped my family."*

<b>Small Hand Pump</b>	Depth: 90 to 120 feet Installation: 6 to 7 months** Beneficiaries: 300+	<b>\$300</b>
<b>Large Hand Pump</b>	Depth: 200 to 250 feet Installation: 6 to 7 months** Beneficiaries: 400+	<b>\$750</b>
<b>Small Water Well</b>	Depth: 250+ feet Installation: 6 to 7 months** Beneficiaries: 450+	<b>\$945</b>
<b>Large Water Well*</b>	Depth: 250+ feet Installation: 6 to 7 months** Beneficiaries: 450+	<b>\$3035</b>

\*With submersible solar pump. \*\*Depending on location, feasibility & surveyors assessment.





Donate to  
Our Eyesight  
Fund from  
**\$55\***

Donate to  
Our Medical  
Fund from  
**\$45**

*You will definitely see your  
Lord with your own eyes*

PROPHET (SAW)

# EYESIGHT

## Ehsaas holds free Eye Camps in the most deprived areas of Pakistan to help avoid blindness by undertaking eye check-ups and cataract operations.

Eye Camps are held over a 2-day period where people are provided free treatment including cataract operations, spectacles and medicine. With your help, we can fight to make such preventable conditions a thing of the past for the less fortunate.

### OTHER HEALTH PROJECTS

Ehsaas also provides Hospital Treatments & Medical Camps in some of the most deprived areas of Pakistan which vary from helping individuals with life-threatening illnesses, to supporting institutions that have helped over 1.4 million people so far, such as the Fatima Bai Hospital.



### Anjum's Story

#### Anjum Ara

DG Khan, Punjab, Pakistan

Anjum is a homemaker with 2 children. She had a cataract which meant she couldn't look after her family. The money you give our Eye Fund helps people like Anjum see again.

*"I couldn't believe I received free treatment and medicines which has meant I can see and look after my family – I am so thankful to the donors."*

\* Cost of a Cataract Operation

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<b>Sponsor a Child's Uniform and Books from</b>	<b>\$30</b>
<b>Donate to our General School Fund from</b>	<b>\$40</b>
<b>Help Build our New School from</b>	<b>\$150</b>
<b>Provide a Sewing Machine for</b>	<b>\$97</b>
<b>Provide Training for a Lady for</b>	<b>\$300</b>

*Acquire knowledge and impart it to the people*

PROPHET (SAW)

## SCHOOLS

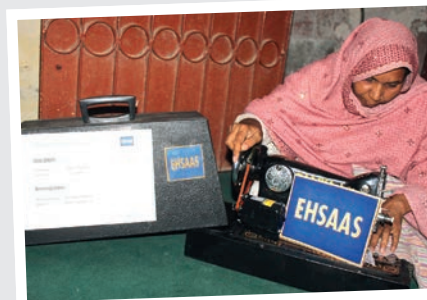
Ehsaas currently have two schools in Pir Mahal, Pakpattan, Punjab, Pakistan, that cater for over 200 children from poor backgrounds. Apart from the teaching staff, the schools also provides all that is required including uniforms, books and lunch.

## VOCATIONAL TRAINING & LIVELIHOOD

In addition, after school, the premises are also used to provide ladies with Vocational Training on things like sewing and dress-making. Once qualified, they are also provided with a sewing machine. Every year, over 12,000 ladies are trained here and in Karachi, which enables them to do work and earn a dignified living, taking themselves and their families out of poverty.

## HELP BUILD A NEW SCHOOL

Ehsaas has also acquired land to build a third new school and needs your generous support in completing this project.



## Rukhsana's Story

### Rukhsana Saleem

Buffer Zone, Karachi, Pakistan

Rukhsana was given vocational training in sewing and then was also provided with a sewing machine. Through your generous donations, people like Rukhsana are provided with the opportunity to get themselves and their families out of the vicious cycle of poverty.

*"From poverty, I am now able to support my whole family by stitching clothes. It has made a huge difference to our lives."*

# EDUCATION

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Zakat  
Policy





# BUILD A MOSQUE

## MOSQUES RECENTLY BUILT



**Masjid Muhammad Jamil**  
Village Bharat, Bannu  
Khyber Pakhtunkhwa, Pakistan



**Masjid Rubina Mehtab**  
Village Basti Jannat, Tehsil Khan Pur  
Rahim Yar Khan, Punjab, Pakistan



**Masjid Noor e Islam**  
Village Muhammad Punhal Lohar  
Shikarpur, Sindh, Pakistan



**Masjid Dilawar**  
Village KK Khan Pathan  
Jacobabad, Sindh, Pakistan

*Whoever constructs a masjid for Allah, Allah will construct a house for him in Paradise*

PROPHET (SAW)

**What better time than Ramadan to help build a Masjid to provide a place for prayer and other community services.**

It is also a hub for education and moral and spiritual development. By building a masjid you will not only earn the reward of providing a community with a house of Allah, but your Sadaqah Jariya can continue giving benefit for generations to come.

**A Small Mosque Costs From \$9,500**



## Aqeel's Story

### Aqeel Younus

Jacobabad Sindh, Pakistan

Aqeel is a 'Hafiz' of the Quran and his villagers had to travel to other villages to attend the Mosque – this meant many were missing their prayers and their children were not receiving any religious education. With your valuable funds, Ehsaas helps build Mosques like Masjid Dilawar that are at the heart of local communities.

*"We now have 5 times a day prayer making it easier for all the villagers to attend and the children also have daily Quran classes – the people who gave us this Mosque will certainly receive a great reward, Ameen."*





*The believer's shade on the Day of Resurrection will be his charity*

PROPHET (SAW)

# NAIKI TELETHON



**The 'Naiki' Segment appears on ARY Digital SKY 758. Entitled Shan-e-Ramazan, it is a 15-minute telethon in aid of Ehsaas that only takes place during the month of Ramadan.**

Highlighting the plight of families in desperate need, it raises much needed funds for their future. Hosted voluntarily by some of ARY's best-known presenters, it has helped hundreds of people through Ehsaas over the years.

**Over the last 4 years, your donations during the 'Naiki' Segment have raised \$499,583.**

## Life Stories

### Kainat & Marium

Kainat (24) & Marium (4), are both sisters who have a rare and currently incurable skin disease where the sores on the skin start to bleed profusely. Their father is a construction worker and they can only afford enough medicine, just to ease the pain, for one of them. Kainat, who has completed her 'Metric', relying on prayer and patience, always lets her baby sister have the medicine. Your generous donations during the 'Naiki' Segment helped to provide them both with over 3 years supply of medicine.

Photos left to right:  
Kainat, Marium and their mother



**Watch Live  
this Ramadan  
on Dish Network  
Channel 677**





# A Life Changing Month

## Please Donate

Call 1 855 617 7786

Visit [ehsaasfoundation.org](http://ehsaasfoundation.org)



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